

Emergency Action Plan

Pitt Meadows Arena

Contact Information

Emergency phone numbers: 9-1-1 for all emergencies

Cell phone number of team contacts:
Coach
Assistant Coach
Assistant Coach
Manager

Phone number of home facility: 604-460-1531

Address of home facility: **Pitt Meadows Arena**
11435 Bonson Road
Pitt Meadows, BC V3Y 2S3

Address of nearest hospital: **Ridge Meadows Hospital**
11666 Laity St.
Maple Ridge, BC V2X 7G5
604-463-4111

Location of Pay Phone: None. Use Phone in Office (Main Entrance) or Concession
Location of First Aid Bag: Equipment bag, or on the team bench for games
Location of Medical Records: First Aid Bag

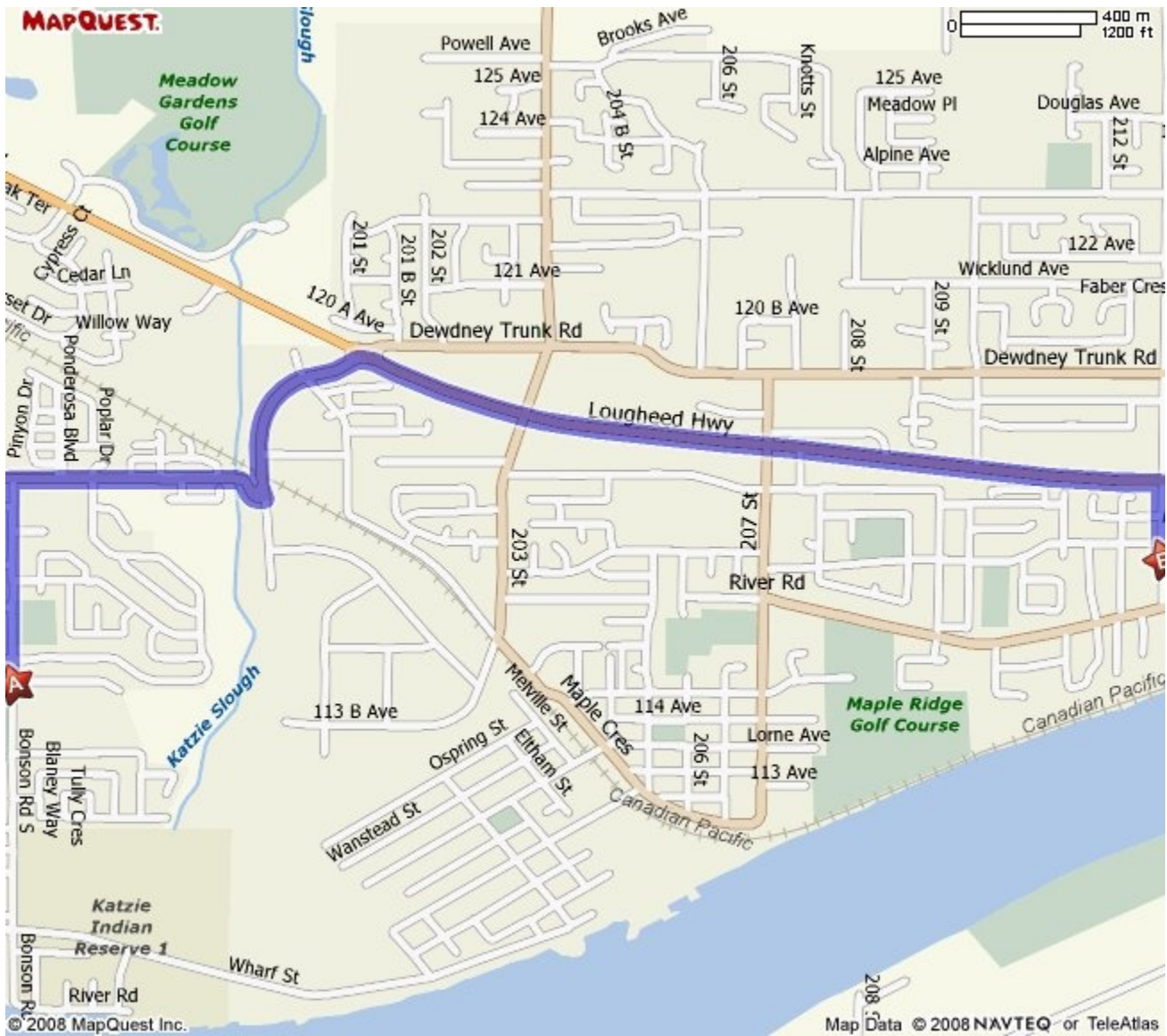
Charge Person (1st option):
Charge Person (2nd option):
Charge Person (3rd option):

Call Person (1st option):
Call Person (2nd option):
Call Person (3rd option):

Directions to Ridge Meadows Hospital from Pitt Meadows Arena:

Step	Description	KMTime
1	Start out going NORTH on BONSON RD S toward WILDWOOD CRES S.	0.721.6
2	Turn RIGHT onto HAMMOND RD.	0.781.6
3	Turn LEFT onto MAPLE-MEADOWS WAY.	0.631.2
4	Turn RIGHT onto LOUGHEED HWY/PROVINCIAL ROUTE 7.	2.443.1
5	Turn RIGHT onto LAITY ST.	0.260.5

Travel time: 8.0 minutes □ Travel distance: 4.83 km



Roles and Responsibilities

Charge Person

- Clear the risk of further harm to the injured person by securing the area and shelter the injured person from the elements
- Designate who is in charge of the other participants
- Protect yourself (wears gloves if he/she is in contact with body fluids such as blood)
- Assess ABCs (checks the airway is clear, breathing is present, a pulse is present, and there is no major bleeding)
- Wait by the injured person until EMS arrives and the injured person is transported
- Fill in an accident report form

Call Person

- Call for emergency help
- Provide all necessary information to dispatch (e.g. facility location, nature of injury, what, if any, first aid has been done)
- Clear any traffic from the entrance/access road before ambulance arrives
- Wait by the driveway entrance to the facility to direct the ambulance when it arrives
- Call the emergency contact person listed on the injured person's medical profile